

53RD ANNUAL EDWARD W HOOK, JR. MD

# 2026 Recent Advances in Clinical Medicine



**October 21-23, 2026**  
Virginia Guest House,  
2017 Ivy Rd  
Charlottesville, VA  
or Virtually

## Program Overview:

The Recent Advances in Clinical Medicine (RACM) conference is the University of Virginia Department of Medicine's flagship continuing medical education program, designed to provide clinicians with timely, evidence-based updates across major internal medicine subspecialties. The course features expert-led sessions spanning cardiology, gastroenterology, infectious diseases, endocrinology, pulmonology/critical care, nephrology, hematology/oncology, geriatrics, palliative care, and general internal medicine. The program emphasizes clinically relevant updates, guideline changes, diagnostic strategies, and therapeutic advances, with a focus on improving patient outcomes in both primary and specialty care settings.

## Desired Outcomes

At the conclusion of this program, participants will be able to:

- Evaluate and manage incidental findings using evidence-based diagnostic strategies
- Integrate multidisciplinary care strategies into clinical practice to improve patient outcomes
- Incorporate emerging therapies into patient care.
- Recognize when specialty referral is indicated

## Planning Committee:

David Callender, MD, MPH  
Associate Professor, General Medicine, Course Director

Michael Ayers, MD  
Associate Professor, Cardiovascular

Patrick Jackson, MD  
Associate Professor, Infectious Disease

Beth Jaeger-Landis, ACNP  
Internal Medicine

Michael Keng, MD  
Associate Professor, Hematology-Oncology

Daphne Knicley, MD  
Associate Professor, Nephrology

Donna Landen, MD  
Assistant Professor, Family Medicine

Hannah Mannem, MD  
Associate Professor, Pulmonary

Hitesh Patel, MD  
Assistant Professor, Pulmonary and Critical Care

Kathryn Reid, PhD, FNP-C  
Associate Professor, Nursing

Lisette Rodriguez, MD  
Assistant Professor, Endocrinology

Wendy Sewack, M.Ed, MPH  
Program Manager, Office of Continuing Medical Education

Brian Wentworth, MD, MS  
Assistant Professor, Gastroenterology

Andrew Whitman, PharmD  
BCOP, Lead Clinical Pharmacist

## TARGET AUDIENCE

PHYSICIANS

NURSES

PHARMACISTS

PHYSICIAN ASSOCIATES

ADVANCED CARE PRACTITIONERS

REGISTER HERE



**UVA Health**  
Continuing Education

*Provided by the School of Medicine and School of Nursing*

## Wednesday October 21, 2026

7:00- 7:55 AM	Breakfast, Registration, and Exhibitors	
<b>7:55-8:05 AM</b>	<b>Welcome Remarks</b>	Taison Bell, MD, MBA and David Callender, MD, MPH
8:05-8:10 AM	Infectious Disease Introduction	Moderator: Patrick Jackson, MD
8:10-8:35 AM	Herpesviruses: The Gift that Keeps on Giving	Neena Thomas-Gosain, MD
8:35-9:00 AM	What Do you Need to Know about Outpatient Parenteral Antimicrobial Therapy (OPAT)	Joshua Eby, MD
9:00-9:25 AM	HIV Treatment and Prevention	Alana Bergman, NP
9:25-9:45 AM	Infectious Disease Discussion	
<b>9:45-10:05 AM</b>	<b>Break and Exhibitors</b>	
10:05-10:10 AM	Gastroenterology Introduction	Moderator: Brian Wentworth, MD, MS
10:10-10:35 AM	Options Overload: Guiding Patients Through CRC screening	Cynthia Yoshida, MD
10:35-11:00 AM	Incidental Liver Lesions	Anya Mezina, MD
11:00-11:25 AM	Dysfunction of Upper GI Tract for PCP	Ken DeVault, MD
11:25-11:45 AM	Discussion	
<b>11:45 AM-12:45 PM</b>	<b>Lunch Provided</b>	
12:45-12:50 PM	Pulmonology Introduction	Moderator: Heath Patel, MD
12:50-1:15 PM	Updates in ILD for the PCP	Numaan Malik, MD
1:15-1:40 PM	Updates in PAH for the PCP	Andrew Mihalek, MD
1:40-2:05 PM	Dyspnea for the PCP and/or Chronic Cough	Eric Nolley, MD
2:05-2:25 PM	Pulmonology Discussion	
<b>2:25-2:40 PM</b>	<b>Break and Exhibitors</b>	
2:40-2:45 PM	Multidisciplinary Introduction	Moderator: David Callender, MD, MPH
2:45-3:10 PM	Advanced Practice, Advanced Partnership: Why Your APPs are Kind of a Big Deal	William Lombardi, DNP, G-ACNP
3:10-3:35 PM	Coordinated Care	Pharm D, NP, Dietician
3:35-4:00 PM	Advance Care Planning	Candace Blades, JD, RN
4:00-4:20 PM	Multidisciplinary Discussion	

## Thursday October 22, 2026

7:00-7:40 AM	Breakfast, Registration, and Exhibitors	
<b>7:40-7:45 AM</b>	<b>Welcome Remarks</b>	David Callender, MD, MPH
7:45-7:50 AM	Palliative Introduction	Moderator: W. Nat Timmins, MD
7:50-8:15 AM	The Hunger Paradox: Appetite loss in advanced illness	Margo Tanner, MD
8:15-8:40 AM	Neuropathic Pain in 2026: What's New, What Works, What's Next	Alexander Schoifet, MD
8:40-9:05 AM	Beyond NSAIDs and Opioids: Evidence and Use of Suzetrigine	Joshua Barclay, MD
9:05-9:25 AM	Palliative Discussion	
<b>9:25-9:40 AM</b>	<b>Break and Exhibitors</b>	
9:40-9:45 AM	General Medicine Introduction	Moderator: John Moriarty, MD
9:45-10:10 AM	Ozone Therapy for My Knee?! Exploring Evidence for Alternative Management of Musculoskeletal Pain	John MacKnight, MD
10:10-10:35 AM	Updated Hypertension Guidelines	Anthony Marino, MD
10:35-11:00 AM	AI in Primary Care	Maria Badaracco, MD & Lee Lockwood, PhD
11:00-11:20 AM	General Medicine Discussion	

## Thursday October 22, 2026 continued

11:20–11:25 AM	Geriatrics Introduction	Moderator: Thomas (Brad) Murray, MD
11:25–11:50 AM	Old Problems, New Tricks 2026	Karen Starr, MD & Morgan Lockhart, PharmD
11:50 AM–12:15 PM	Alzheimer's - New Anti Amyloid Therapies	Matt Van Dongen, MD
12:15–12:35 PM	Geriatrics Discussion	
<b>12:35–1:35 PM</b>	<b>Lunch Provided</b>	
1:40–1:45 PM	Cardiology Introduction	Moderator: Michael Ayers, MD
1:45–2:10 PM	Incidental Echo Findings: When to Worry	Inga Melvinsdottir, MD
2:10–2:35 PM	Hypertriglyceridemia: When, How, and Why to Treat?	Sumeet Khertarpal, MD, PhD
2:35–3:00 PM	HFrEF for the PCP	Mirnela Byku, MD, PhD
3:00–3:20 PM	Cardiology Discussion	
<b>3:20–3:30 PM</b>	<b>Break and Exhibitors</b>	
3:30–3:35 PM	Oncology Introduction	Moderator: Michael Keng, MD
3:35–4:00 PM	Oncopulmonology: Sorting out pulmonary complications of cancer treatment	Jeffrey Sturek, MD, PhD
4:00–4:25 PM	Cardio-Oncology	Alana Ferrari, PharmD
4:25–4:50 PM	Onco-Endocrinology	Lia Lynch, PharmD
4:50–5:10 PM	Discussion	

## Friday October 23, 2026

7:00–8:00 AM	Breakfast, Registration, and Exhibitors	
<b>8:00–8:05 AM</b>	<b>Welcome Remarks</b>	David Callender, MD, MPH
8:05–8:10 AM	Nephrology Introduction	Moderator: Daphne Knicely, MD
8:10–8:35 AM	Vaccination & infection management in kidney transplant recipients	Jeanne Kamal, MD
8:35–9:00 AM	Dialysis in the geriatric population: Benefit, Burden, and Goals of Care	Leah Wayner, ACNP
9:00–9:25 AM	Chronic Kidney Disease Updates	Vasrha Pothula Venkata, MD
9:25–9:45 AM	Discussion	
<b>9:45–10:00 AM</b>	<b>Break and Exhibitors</b>	
10:00–10:05 AM	Functional Medicine Introduction	Moderator: Dr. David Callender, MD, MPH
10:05–10:30 AM	Demystifying EDS and Associated Conditions	Dacre Knight, MD, MS
10:30–10:55 AM	Contested Illness: When Symptoms and Science Diverge	Robert Powers, MD
10:55–11:20 AM	We See You: Somatic Disorders from the Lens of Psychiatry	Anna Podrasky, Psy.D
11:20–11:40 AM	Functional Medicine Discussion	
<b>11:40 AM–12:15 PM</b>	<b>Lunch Provided : Exhibitors, Grab lunch to eat during "Concepts"</b>	
12:15–12:45 PM	"Concepts of a Plan": The Health Policy of Trump and RFK jr	Robert Powers, MD
12:50–12:55 PM	Endocrinology Introduction	Moderator: Lisette Rodriguez, MD
12:55–1:20 PM	Incretin Therapy Side Effects	Jennifer Kirby, MD, PhD
1:20–1:55 PM	Primary Aldosteronism: New guidelines for a common but often overlooked disease	Silas Culver, MD
1:55–2:20 PM	Type 2 Diabetes Updates	Jessica Wunderston, FNP
2:20–2:40 PM	Endocrinology Discussion	
2:40–3:00 PM	Closing Remarks	David Callender, MD, MPH



## HOTEL & ACCOMMODATIONS: NEW LOCATION THIS YEAR!

JOIN US AT THE NEW  
**VIRGINIA GUEST HOUSE**

2017 IVY RD, CHARLOTTESVILLE,  
VIRGINIA, UNITED STATES, 22903

PHONE: 434-400-2100

PARKING IS AVAILABLE FOR ATTENDEES  
NOT STAYING AT HOTEL

ADDITIONAL DETAILS ABOUT PARKING WILL BE PROVIDED TO  
REGISTERED ATTENDEES DURING THE WEEK OF THE  
CONFERENCE.

**BOOK NOW**

**BOOK YOUR HOTEL ROOM IN THE RACM ROOM BLOCK**  
**FOR 3 NIGHTS AT THE GROUP RATE OF \$219 PER NIGHT UNTIL SEPTEMBER 20, 2026.**  
AVAILABLE ON A FIRST COME, FIRST SERVE BASIS, MAKE SURE TO RESERVE YOUR ROOM EARLY!

### Registration

Registration and payment are available at [www.cmevillage.com](http://www.cmevillage.com) , Register by midnight October 18, 2026. No Walk in Registration accepted.

The course slides will be available online the week of the conference until 30 days after the conference. No print syllabus will be available.

*Virtual Attendees will receive the Zoom Link the week of the conference.*

### REGISTRATION FEES

<u>Type</u>	Thru 9/18/26	9/19/26-10/18/26
Physician (In Person or Virtual)	<b>\$650</b>	<b>\$750</b>
Other HCP (In Person or Virutal)	<b>\$600</b>	<b>\$700</b>
Industry Employee	<b>\$750</b>	<b>\$850</b>

QUESTIONS CONTACT: WENDY SEWACK [WSS8H@VIRGINIA.EDU](mailto:WSS8H@VIRGINIA.EDU)  
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